

# ***A FAMILY AFFAIR***

**An Intergenerational Two-Mile Walk**

**Encourage those you love to be Physically Active  
and Nutritious for their HEALTH!**

**WHEN: Saturday, Sept. 30, 2006**

**WHERE: Marina Park Waterfront**

At Brinkman's Marina, 1 Curtola Pkwy. Vallejo

**TIME: 8:00 a.m. to 11:00 a.m.**



***FREE FUN FOR EVERYONE!!***

**For more information, call Renee Smith at (707) 208-0808**

Sponsored by: Take It Personal Fitness, Fifty-Plus Lifelong Fitness, Active Aging Task Force, Vallejo City Unified School District, Synergy, and Solano County African American Disparity Elimination Project, California 5-A Day

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