



August 21, 2013 (Issue 90)

City versus City Health Challenge

In an effort to promote health and wellness, Kaiser Permanente will be hosting its annual **SoFitCity** fundraising fitness challenge which puts city versus city in Solano County. SoFitCity is a regional walk/run series created to motivate entire cities toward a healthier lifestyle.

With the support of city officials, schools, churches, non-profit and for profit entities, each city becomes a team to compete with neighboring city-teams for the distinction of "Fittest City" in the region. Ranking is determined by each individual's effort to walk or run for their own health, so it is not about speed, rather participation and every body counts.

Funds raised will support local non-profits and foundations representing education, fitness and health, as interlocking concepts for change. The original SoFitCity continues to support the Solano County Library Foundation as it represents the community and educational center for more than 400,000 residents.

The SoFitCity 5K and 10K walk/run will be hosted on Saturday, September 28 at the Solano Town Center, located at 1350 Travis Boulevard in Fairfield. Participants can chose between 5K, 10K or the Family Fun Mile, as well as participate in the costume party contest.

A First Responder and Military/Veteran Fitness Challenge are also optional. Members of police, fire, paramedics/EMT, probation and correction officers, deputy sheriff and dispatchers, and Army, Navy, Marine Corps, Air Force, National Guard and Coast Guard members, will have their times compared and the top men and women's times will be ranked.

For additional information or to register for the event, [click here](#). The "Fittest City" will be the city who has the most participants cross the finish line. Registration for the 5K walk/run is \$35, 10K run is \$39 and the Family Fun Mile is \$22 for participants over the age of 12 and \$15 for children 12 and younger.



Six Flags Adopt-a-Highway

Six Flags Discovery Kingdom is partnering with Caltrans on its highway beautification program, part of Caltrans' agreement with the City of Vallejo to coordinate a joint clean-up and maintenance effort throughout the City.

The overall goal of the program is to work together to beautify city entrances, main streets and highways that run through the City of Vallejo. Caltrans volunteer program, **Adopt-a-Highway**, Discovery Kingdom has adopted a portion of Highway 37 and will provide crews to pick-up trash and maintain the on and off ramps at Fairgrounds Drive.

"We have always maintained the cleanliness of the park and surrounding areas, but in particular, the on and off ramps were not under our jurisdiction," said Don McCoy, park president. "Now that we are collaborating with the City and Caltrans in this program, we can make a difference in providing a great first impression for the millions of visitors who visit the park each year."

Park officials are excited about the opportunity to contribute to the community and match the guests' expectations as they enter the park. There is more to come with a long term development plan in process to not only clean-up the on and off ramp areas, but to eventually install a branded entry and exit portal, creating an overall inviting experience.



The Odd Ball Fundraiser Event

Vallejo's Downtown Arts and Entertainment District is booming and several local organizations are advocating for community participation in the arts. In an effort to help promote the development of the District, the Vallejo Odd Fellows of San Pablo Lodge #43 is hosting a fundraiser event this Saturday.

The "Odd Ball" will be a reception and entertainment event to benefit the Odd Fellows Downtown Renovation and the development of The Hub, a new center for the arts in downtown Vallejo. When complete, **The Hub** will feature a consignment gallery, performance stage, café, a messy room for cleaning art supplies, kiln, recording studios and rehearsal rooms.

The Vallejo Odd Fellows have been an integral part of the community for nearly 150 years. They are working collaboratively with artists and community members to create this art and education center in the long-empty storefront of the Odd Fellows Lodge on the corner of Georgia and Marin Streets.

With various entertainers, including feats of daring by Molotov and original soul music from **New Soul Love Revue**, and other lively shows, the Odd Ball is sure to be a night of fun and entertainment. Guests can purchase a VIP ticket for \$50, which includes hors d'oeuvres and drinks at the reception, and seating in the VIP lounge, or an entertainment-only ticket for \$20, which includes two drink tickets and the show.



The Odd Ball reception will begin at 7:00 p.m. on Saturday, August 31 and the live entertainment will begin at 9:00 p.m. at the Odd Fellows Lodge #43, located at 342 Georgia Street. Tickets are available online [here](#).

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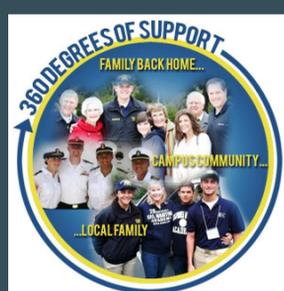
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Cal Maritime Community Ambassadors Club

The California Maritime Academy (**CMA**) is proud to present the Community Ambassadors Club.

The **Club** will provide residents of Vallejo and the surrounding communities an opportunity to meet and develop strong connections with Cal Maritime cadets and learn more about the university.

The Club will provide freshmen cadets with an opportunity to have a "family away from family," as it will be the first time away from home for many of them.

Community Ambassadors will provide friendship, understanding, encouragement and a "home away from home," to the incoming freshmen as they meet challenges associated with a demanding first year.

Through their interaction with their Community Ambassador Club, first-year cadets will learn more about Vallejo and many many opportunities the City, Solano County and the Bay Area have to offer. Currently, CMA has matched 30 freshmen to 26 Community Ambassadors, and is looking for additional volunteers.

To apply to become a CMA Community Ambassador, [click here](#). Applicants must be 28 years of age, live within a 25 mile radius of Cal Maritime and pass a background check.

Chosen applicants must complete a two-hour training session, including; a campus tour, rules and regulations, daily cadet life information and other guidelines.

The Club is a year-long commitment. There are no parameters or requirements, but Community Ambassadors are encouraged to show the cadets around Vallejo and the surrounding areas.

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