



March 7, 2014 (Issue 119)

Blue Rock Springs Cleanup

This March, high school and elementary students will participate in the Blue Rock Springs Creek Restoration or Watershed Explorers programs, sponsored by the [Solano Resource Conservation District's](#) (RCD) restoration program.

Participants will combine classroom lessons with hands-on experience outside and will work with the Resource Conservation staff to restore the Blue Rock Springs Creek Corridor in a project funded by the Coastal Conservancy.



Students from Jesse Bethel High School, Vallejo High School, and the California Maritime Academy will plant 1,200 native trees, including oaks, toyons and coffeeberry. Together, the high-schoolers and third-graders will work with the community to plant more than 12,000 grass plugs of native perennial grass. A Restoration Project Manager

from Solano RCD said that despite the drought this year, the project has been a success, with the dry weather allowing staff to focus on weed control.

Additionally, some of the students from Jesse Bethel will be participating in the Solano County Bio-monitoring Program, studying macro-invertebrates in creeks near their school. The youth will learn about the tiny aquatic insects and how they contribute to the health of local creeks in the watershed. The program provides an opportunity for students to learn about creek science with hands-on experience and helps the students gain a new perspective of their own role in their watershed.

Covered California Sign-up Event

The SEIU-United Healthcare Workers, in partnership with the [Continental of Omega Boys' and Girls' Club](#), will be hosting an Affordable Care Act sign-up event to assist qualified families to learn about and enroll in free or low-cost health coverage.

Anyone who is uninsured and wants to find out if they qualify should stop by this free event for information and may be eligible to sign-up for health insurance at the event. Interested persons will need to bring:

- Proof of identity - driver's license or passport for each adult applying
- Valid California address - any piece of postmarked mail
- Proof of income -2013 income tax filings (including dependent tax information and head-of-household status)
- Citizenship or Immigration status - birth certificate or permanent resident card or passport for **each person applying**
- Each family member will also need to have birth dates, Social Security numbers and home zip codes

The Affordable Care Act ends annual and lifetime caps for health plans, allows children to stay on their parents' health plan until age 26 and requires that all health plans cover hospitalization, prescription drugs, preventative care, emergency services, pediatric care and much more.

The Covered California Sign-up Event will take place this Saturday, March 8 from 10:00 a.m. to 1:00 p.m. at the Continentals of Omega Boys' and Girls' Club, located at 1 Positive Place. For additional information, call Krystal Logan at 707-685-2195 or [click here](#).



VCUSD Youth Expo and Parent Summit

The [Vallejo City Unified School District](#) (VCUSD) will be hosting a Youth Expo and Parent Summit celebrating health, education and community this weekend.

In collaboration with Vallejo Together and Solano County Collaborative for HIV/AIDS Awareness, the Youth Expo and Parent Summit will include workshops for parents and youth, information on services provided by local vendors and free lunch for all attendees. There will also be a raffle and prizes as part of the summit.

Parents are invited to attend various informative modules on local control funding formulas, social media and networking, and Vallejo gangs and drugs. Children will be able to attend their own modules on risky behaviors and red flags, interactive cooking class to make healthy food, questions and issues regarding LGBTQ, bullying and self-esteem.



This free event will take place on Saturday, March 8 from 9:00 a.m. to

3:00 p.m. at Jesse Bethel High School, located at 1800 Ascot Parkway. For additional information, please contact Victoria Grace, [Vallejo Together](#) at (707) 704-8964.

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In This Issue

[Blue Rock Springs Cleanup](#)

[Covered California Event](#)

[VCUSD Youth Expo and Parent Summit](#)

[POP Conference](#)



Pearls of Power Conference

The Pearls of Power (POP) Conference returned for its third year at the California Maritime Academy (CMA) with another successful two-day event last weekend. Keynote speaker Susan Hayman, authors Deborah Dempsey and Jeff Mudgett, the Director of Homeland Security, Port of San Francisco, various CMA professors and many others took part in the conference to share their experiences and expertise with the participants.

The POP Conference is designed to create opportunities for career exploration, professional development and networking for CMA female cadets, alumnae and women in the maritime and related industries. The conference also offers a chance for recent graduates to reconnect and forge new relationships with industry professionals.

Sponsored by CMA, POP Conferences have helped attendees realize the skills and confidence needed to "pop" into any personal or professional environment. Over 200 women registered for the event, attending concurrent sessions on various topics, including Networking that "Works," Negotiating the Human Minefield, Finding Your Niche, Sustainable Design, Engineering and more.



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